

KIRK HEALTH CLINIC, P.C.

1539 W. Andrew Johnson Hwy

Morristown, TN 37814

(423) 585-5556

ACUPUNCTURE INTAKE FORM

Date _____

Last Name _____ First _____ Middle _____

Preferred Name _____ Date of Birth _____ Male Female

Social Security # _____ Age _____ Height _____ Weight _____

Marital Status: Married Single Divorced Separated Widowed Other

Address _____

City / State / Zip _____

Home # _____ Work # _____ ext. _____ Cell # _____

Name of Employer _____

Employer Address _____

Job Title _____

Emergency contact (**name and #**) _____

Referred by: Family: Name _____ Friend: Name _____

Internet Yellow Pages Other _____

Have you ever had acupuncture? _____ If yes, when? _____

for what condition? _____ by whom? _____

Are you currently under the care of a physician? _____ If yes, who and for what condition(s)? _____

Have you seen any other health care provider for this condition? If yes, please explain diagnosis & treatment: _____

Main reason(s) for seeking acupuncture today: _____

Date it began or when did you first notice symptoms: _____

Your condition is improved by? _____

Your condition is aggravated by? _____

List all current medications (prescribed or over the counter), vitamins, herbs and other supplements: _____

Please list any surgeries you've had including dates: _____

Please list any allergies: _____

Please list any major emotional or physical traumas you've experienced: _____

Lifestyle (please check all that apply and note frequency of use):

____ Tobacco Frequency _____

____ Alcohol Frequency _____

____ Coffee Frequency _____

____ Soft Drinks Frequency _____

____ Tea Frequency _____

____ Water Frequency _____

Do you exercise? _____ Please list types of activity & frequency: _____

Do you eat the following foods?

_____ Red Meat _____ X per week

_____ Fish _____ X per week

_____ Artificial sweeteners _____ X per week

_____ Fast Food _____ X per week

_____ White flour breads, pretzels, etc.

_____ Salads

_____ Cooked Vegetables

_____ Eggs

EMOTIONAL STRESS SCALE (1 is low, 10 is high) **Circle one: 1 2 3 4 5 6 7 8 9 10**

Do you suffer from? _____ Depression _____ Anxiety _____ Cry easily _____ Irritability

Are you pregnant? _____ if yes list your estimated Due date? _____

Have you miscarried in the past 12 months? _____

Are you experiencing menopausal symptoms? _____ Please explain: _____

Are you on Hormone Replacement Therapy? _____ Which type? _____

PLEASE CHECK ANY OF THE FOLLOWING APPLY TO YOU:

WATER ELEMENT

- Hearing Loss
- Dizziness
- Lower back/neck pain
- Sinus congestion
- Edema
- Darkness under eyes
- Emotional instability
- Aversion to cold
- Hair thinning or loss
- Pre-mature aging
- Frequent urination
- Kidney stones
- Perspire very easily
- Weakness of legs/knees
- Asthmatic cough
- Rapid weight change
- Loose teeth
- Reduced sexual energy
- Thyroid problems
- Diabetes

WOOD ELEMENT

- Headaches
- Migraines
- Ringing in ears
- Poor eyesight
- Eye infections
- Dry eyes
- Eczema
- Shingles
- Herpes simplex
- Warts
- Nervousness
- Convulsion, spasms
- Irritability
- Constipation
- Hemorrhoids
- Hepatitis
- Ulcer
- Vomiting
- Gallstones
- Indecisive
- Fullness below ribs
- Shoulder / neck tension
- Insomnia 11PM – 3AM

FIRE ELEMENT

- Dry Scalp
- Rashes, skin eruptions
- Cysts, tumors
- Ear infections
- Sore throat/tonsillitis
- Lymphatic swelling
- Hot palms & soles
- Heart Palpitations
- Aversion to heat
- Bitter taste in mouth
- Gum problems
- Nose bleed
- Facial redness
- Itching / burning skin
- Hot hands / feet
- Thirst
- Vivid dreaming
- Dark urine
- Night sweats

METAL ELEMENT

- Bronchitis
- Asthma
- Shallow breathing
- Cough
- Sinus congestion
- Nasal infection

OTHER

- Fatigue
- Arthralgia
- Sciatica / nerve pain
- Cold hands / feet
- Tendonitis
- Bursitis

EARTH ELEMENT

- Indigestion
- Flatulence
- Food allergy
- Stomach ache / ulcer
- Diarrhea
- Anemia
- Halitosis
- Sores in mouth
- Heartburn
- Strong appetite
- Weak appetite
- Nausea
- Abdominal bloating
- Low body weight

FEMALE CLIENTS ONLY

- | | | |
|--|---|--|
| <input type="checkbox"/> Vaginal infection | <input type="checkbox"/> Breast lumps | <input type="checkbox"/> Genital burning |
| <input type="checkbox"/> Yeast infection | <input type="checkbox"/> Irregular periods | <input type="checkbox"/> Positive PAP |
| <input type="checkbox"/> Urinary tract infection | <input type="checkbox"/> Menstrual cramping | <input type="checkbox"/> Hemorrhoids |
| <input type="checkbox"/> Ovarian cyst | <input type="checkbox"/> Pre-menstrual syndrome | <input type="checkbox"/> Anal fissure |
| <input type="checkbox"/> Pelvic inflammatory disease | <input type="checkbox"/> Infertility | |
| <input type="checkbox"/> Excessive bleeding | | |

___ # of children you have had

MALE CLIENTS ONLY

- | | |
|---|---|
| <input type="checkbox"/> Prostatitis | <input type="checkbox"/> Burning urination |
| <input type="checkbox"/> Urinary incontinence | <input type="checkbox"/> Pre-mature ejaculation |
| <input type="checkbox"/> Nocturnal emission | <input type="checkbox"/> Impotence |

Anything you wish to add? _____

I authorize Dr. Mike D. Kirk to perform Acupuncture and to administer whatever treatment deemed necessary to treat my present condition (symptoms).

In addition to the above, I understand that I have been given the opportunity to read and review the Kirk Health Clinic, P.C. Notice of Privacy Policies.

The above information is true to the best of my knowledge. I clearly understand, accept and agree that all services rendered me are charged directly to me and that I am personally responsible for payment in full at the time of service. If payment is collected by an attorney, by suit or otherwise, I, or we, agree to pay all fees and collection costs.

Patient's Signature _____ **Date** _____

Guardian signature authorizing care _____ **Date** _____